

Health Camps and Awareness Programs

Vision care

Health camps are conducted by SoPAHS in which Community Diagnostic Centre (CDC) plays a pivotal role. One such camp was held at VISWASS Nursing College, Khordha in **2019**. This camp was organized to provide healthcare services to students and staff of VISWASS Nursing College and the local villagers attending the out-patient department. CDC infrastructure enables to carry out the following diagnostics:

- Slit lamp for detecting conjunctivitis
- Vision assessment of a patient
- Auto refractometer for measuring the degree of refractive error
- Retinoscopy for refractive error
- Fundus camera for examining the retina of the eye
- Tonometry to check the pressure on eye for screening of glaucoma



Being committed to SDG 3, SoPAHS along with CDC regularly organises health camps with an aim to create awareness on quality health to the habitants in the nearby localities. The camp held at Janla Panchayat in 2019 provided the following services: free health check-up, pathological diagnosis, vision screening and distribution of required medicines. Similarly, a free diabetic health camp and a free dental check-up camp were organized. Diabetic patients were screened and provided treatment. Their oral hygiene requirements were also assessed.





Health camp organized at Janla Panchayat

Mass vaccination drive

In the year 2021, SoPAHS along with CDC conducted mass vaccination drive (COVID) for students and the community. Extensive surveys were conducted to identify the potential beneficiaries. Vaccines were sourced from the local government and administered by the staff of CDC.





Vaccination Drive Program at Community Diagnostic Center

Routine diagnosis

SoPAHS along with CDC carries out routine pathological diagnostic tests at a nominal fee. The following tests are conducted at the centre:

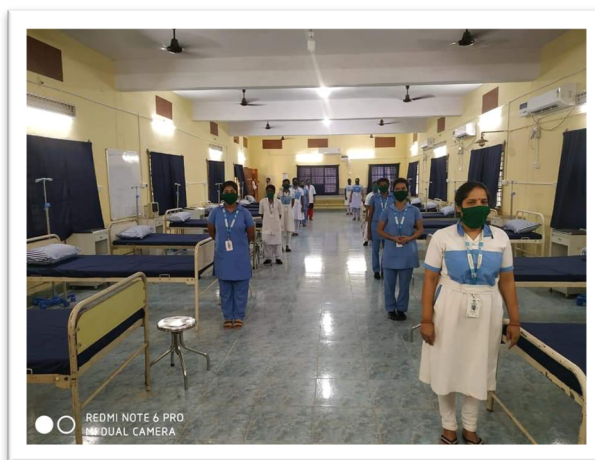
1. Phlebotomy for blood examination
2. Complete blood counting
3. Biochemistry analyser for LFT, KFT & Lipid profiling, Electrolyte Analysis, Urine Analysis
4. Haematological Investigation such as Blood profiling, Coagulation factor analysis
5. Serological and Microscopic examination of patient sample



Covid Interventions

COVID Care Centre/Hospital

The entire world was destabilized during the pandemic due to which the healthcare infrastructure was immensely affected. The healthcare facilities provided by the government were woefully inadequate. At the request of the government, in the year 2020, the University converted one of its hostel facilities into a 100 bed COVID hospital at the remote location of Paralakhemundi.



Centurion University Hostel converted to 100 beded COVID hospital



COVID Helpline

During the pandemic, there was a sense of despair; government was unable to cope with the demands of the emergency situation which led to a chaotic situation. In the year 2020, a team of students, staff and faculties volunteered to establish a 24X7 helpline to provide information regarding support services available. **The Centurion COVID Helpline** adhered to the guidelines of World Health Organisation and Government of India. The information provided related to availability of hospitals, beds, medicines, Oxygen and food. The qualified paramedical team had assisted the callers on post COVID precautions through the **helpline**.



The banner for the Centurion Covid Helpline features a central graphic of a globe with a white surgical mask over it, surrounded by icons of buildings and virus particles. To the left is an illustration of a person in a full white protective suit. The text on the banner includes: 'Andhra Pradesh | Odisha | Telangana' at the top left; 'www.cutm.ac.in' at the top right; 'Centurion Covid Helpline' in a red banner; 'An initiative by Centurion University' in an orange banner; 'Centurion Covid Helpline 9059810827 Call from 6:30 AM to 10:00 PM' and '9337191210 You can WhatsApp us'; 'We provide Telemedicine Support' with a pill icon; 'leads on' followed by icons for 'Bed', 'Oxygen', 'Ambulance', 'Doctor', 'Medicines', and 'Plasma'; and 'Mail us at: coronahelpline@cutm.ac.in' at the bottom left. The Centurion University logo is at the bottom center.

COVID- 19 Helpline Service by Centurion University

Awareness

The ‘Culture Sports Responsibility’ club of the University in the year 2021 conducted several awareness campaigns in the form of street plays, flash mobs, marches and displays. One such series of **Street Plays** were under the theme **“COVID-19: The Pandemic”** with a motto to create awareness among the students regarding COVID.





Flash Mob: A Street Play on COVID-19: The Pandemic Flash Mob: A Street Play on COVID-19: The Pandemic

Awareness on Ocular exercise: It became imperative for physical classrooms to transform to online classes during the COVID pandemic. Needless to say the health of the students, particularly the eyes were affected due to prolonged exposure to computers and mobile phones screen. Owing to the same, events such as **awareness and demonstration of Ocular exercise** were organized in the year 2021.



Awareness on Eye exercises during Pandemic