Food Menu

Days	Breakfast	Lunch	Evening snacks	Dinner
Monday	Upma,	Rice, Dal,	Tea, Potato	Rice/roti, Dalma,
	Sambar,	Mixed	croquettes	Chips, sweet and
	Mattar	vegetable		banana
	Curry,	curry, Paneer		
	Milk/Banana,	curry, Papad,		
	Теа	Pickle		
Tuesday	Idli, Sambar,	Rice, Chips,	Tea, triangular	Rice/Roti, Dal,
-	Chutney,	Chicken	pastry	Rajma, Kheer and
	Milk /	curry/Paneer		banana
	Banana, Tea	curry, Papad,		
		Pickle		
Wednesday	Vada, Mattar	Rice, Dal, Fish	Tea, Pakora	Rice/Roti, Dalma,
	Curry,	curry/soybean		Fried vegetable,
	Milk/Banana,	curry, Salad,		sweet and banana
	Tea	Chips and		
		pickle		
Thursday	Poha, Mattar	Rice, Dal,	Tea, Vada	Rice/Roti, Dal,
	curry, Boiled	Mushroom		Chick pea curry,
	egg,	curry, Papad		sweet and banana
	Milk/Banana,	and pickle		
	Теа			
Friday	Poori, Potato	Rice, Dal, Fish	Tea, Bread chop	Rice/Roti, Dal,
	curry, Boiled	curry/ Mix		Mixed vegetable
	egg,	vegetable,		curry, sweet and
	Milk/Banana,	Chips, Papad		banana
	Теа	and pickle		
Saturday	Upma,	Rice, Dal, Egg	Tea, Potato	Rice/roti, Dal,
	Sambar,	curry, Pointed	croquettes	Soybean curry,
	Mattar curry,	gourd curry,		sweet and banana
	Milk/Banana,	Fried		
	Теа	vegetable,		
		Papad and		
		pickle		
Sunday	Poori, Dum	Rice, Chips,	Tea, Triangular	Rice/roti, Dal,
	potato curry,	Chicken	pastry	Chick pea curry,
	pickle,	curry/Paneer		kheer and banana
	Milk/Banana,	curry, Papad		
	Tea	and pickle		