

## **Inter School Powerlifting Competition (Boys), Paralakhemundi**

Date – 24<sup>th</sup> Feb, 2018

Centurion University of Technology and Management Organized Inter School Powerlifting Competition (Boys) . 24th Feb

Powerlifting is a strength sport that consists of three attempts at maximal weight on three lifts: squat, bench press, and deadlift. As in the sport of Olympic weightlifting, it involves the athlete attempting a maximal weight single-lift effort of a barbell loaded with weight plates

lifts may be performed equipped or unequipped

Govind Rao Itraju, Sports Director, CSR was the coordinator and CSR felicitated the tournament. Lastly, the program concluded with a vote of thanks by the Dean of Student Affairs, Dr Susanta Kumar Patnaik.





## Participation List:-

SAMEER MAHAPATRO	150101120017
ASHIRWAD SATAPATHI	150101120018
BIDIYALA MOUNIKA	150101120019
N. TIRUMALA RAO	150101120020
ANIL KUMAR BODA	150101120021
DEBASISH MOHANTY	150101120022
BURAGAPU SUDHEER	150101120023
BHARGAVI PATNAIK	150101120024

Coordinator



Dr. Sushant Pattanayak  
**Dean (Students' Affairs)**