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Shaping Lives...  
Empowering Communities...

1. Circular on World Health Day.( 07.04.2022)

Happy World Health Day-2022  
1 message

PRADEEP KUMAR SAHOO <pradeep.sahoo@cutm.ac.in>

Th

u, 7 Apr, 2022 at 8:04 pm To: All @ CIT <all.cit@cutm.ac.in>, All @ CUTM  
<all@cutm.ac.in>, CUTM BBS Campus Students Group  
<students.cutm.bbs@cutm.ac.in>, Culture Sports Responsibility Cell @ BBSR  
<csrcell.bbs@cutm.ac.in>, allfaculty.cit@cutm.ac.in  
Cc: DR. VIJAY KUMAR KALAVAKUNTA <vijay.kalavakunta@cutm.ac.in>, Dr.  
Sangram Keshari Swain <sangram@cutm.ac.in>, Parthasarathi Mohanty  
<parthasarathi.mohanty@gramtarang.org.in>, RABI NARAYAN ROUSTRAY  
<rabinarayan.roustray@cutm.ac.in>, Sibakripa Bose <sibakripa.bose@cutm.ac.in>,  
Sunil Kumar Jha <s.jha@cutm.ac.in>, Supriya Pattanayak  
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*“Health is the most important thing and we do not realize it until we  
lose it. Let us take good care of it.” “Good health is like a precious  
gift given to us by God, and we should never ignore it. “*

❀ ❀ ❀ *Happy World Health Day* ❀ ❀ ❀

Do Yoga regularly for a  
Healthy and happy life.  
Please join us- “Yoga  
and Meditation Club”

More queries-  
Contact-7827630445



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1. Participants list for World Health Day.

| Sl.No | Name                | Regd. No.    | Branch | Present/Absent |
|-------|---------------------|--------------|--------|----------------|
| 1.    | ABINASH PANDA       | 210720100056 | MCA    | P              |
| 2.    | AKANKHYA PATNAIK    | 191704210033 | BSc    | P              |
| 3.    | AMIT PATRA          | 191704210026 | BSc    | P              |
| 4.    | ARIJIT BARAL        | 210720100055 | MCA    | P              |
| 5.    | ARPAN NAIK          | 191704210031 | BSc    | P              |
| 6.    | BALA KRUSHNA ROUT   | 191704210006 | BSc    | P              |
| 7.    | BIBHAS KUMAR BEHERA | 191704210007 | BSc    | P              |
| 8.    | BIPLAB KUMAR BEHERA | 210720100046 | MCA    | P              |
| 9.    | C. SONNY JEET       | 210720100061 | MCA    | P              |
| 10.   | CHINMAYA ROUT       | 210720100053 | MCA    | P              |
| 11.   | DEBABRATA PATI      | 210720100047 | MCA    | P              |
| 12.   | HITESH KUMAR PATEL  | 191704210002 | BSc    | P              |
| 13.   | JYOTI RANI BEHERA   | 191704210001 | BSc    | P              |
| 14.   | KARMAVEER MOHAPAT   | 210720100060 | MCA    | P              |
| 15.   | MANAS RANJAN KANHA  | 191704210025 | BSc    | P              |
| 16.   | MANASI BEHERA       | 210720100044 | MCA    | P              |
| 17.   | MINAKETAN MISHRA    | 191704210022 | BSc    | P              |
| 18.   | NEHASHREE SAMRAT    | 191704210021 | BSc    | P              |
| 19.   | PRAHALLAD GOCHHAYA  | 210720100052 | MCA    | P              |
| 20.   | PRANAY PANDA        | 191704210005 | BSc    | P              |
| 21.   | PRIYABRATA PRADHAN  | 210720100045 | MCA    | P              |
| 22.   | PRUTHIRAJ SAHU      | 191704210028 | BSc    | P              |

|     |                     |              |     |   |
|-----|---------------------|--------------|-----|---|
| 23. | RADHAMOHAN PRADHA   | 210720100059 | MCA | P |
| 24. | RAMESWARI PAIKARAY  | 191704210027 | BSc | P |
| 25. | SACHIDA NANDA DAS A | 210720100051 | MCA | P |
| 26. | SAGARIKA DAS        | 210720100050 | MCA | P |
| 27. | SAYADA SIMRAN NADIR | 191704210029 | BSc | P |
| 28. | SHRUTI MAHATO       | 191704210024 | BSc | P |
| 29. | SIDHESWAREE DAS     | 210720100054 | MCA | P |
| 30. | SIGMA NAYAK         | 210720100057 | MCA | P |
| 31. | SK MUSREP           | 191704210030 | BSc | P |
| 32. | SNEHA PATTNAIK      | 191704210020 | BSc | P |
| 33. | SOUMYA RANJAN LENKA | 210720100058 | MCA | P |
| 34. | SOUMYA RANJAN MALLI | 210720100062 | MCA | P |
| 35. | SOUMYA RANJAN MATA  | 191704210003 | BSc | P |
| 36. | SUBHAJEET BEHERA    | 191704210023 | BSc | P |
| 37. | SUBHASHREE DASH     | 210720100048 | MCA | P |
| 38. | SUDIPTA PAHARI      | 191704210009 | BSc | P |
| 39. | SWATAPADMA MOHAN    | 191704210004 | BSc | P |
| 40. | TRILOCHAN SAHOO     | 210720100043 | MCA | P |

*[Handwritten Signature]*



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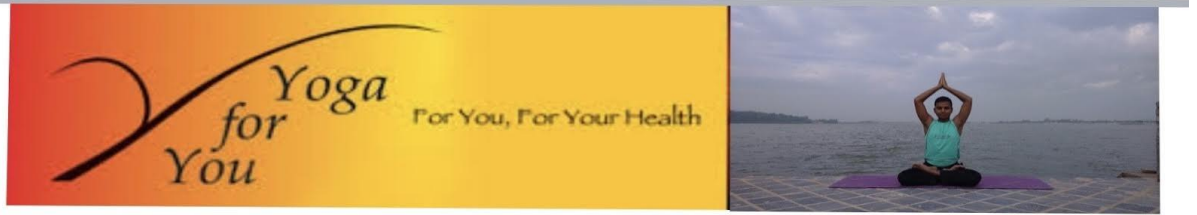
1. Report on World Health Day.

**Date: 07.04.2022**

**Participants: 40**



Dt: 07.04.2022, World Health Day



## **CONCLUSION**

Finally, live with attitude of “ **Be GOOD and Do GOOD.**”

“**Serve – To society.**”

“**Love – To all living beings.**”

“**Purify – our hearts & brains with good thoughts.**”

“**Meditate and Realize – Own self.**”

**So, DON'T wait for tomorrow.....**

**Let's start Practicing YOGA from TODAY & now onwards...**

A handwritten signature in black ink, appearing to be 'Surya', written over a horizontal line.



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