



Circular on Ayurveda Center Centurion Ayurveda Wellness Center Services. (23.02.2022)

Centurion Ayurveda Wellness Center Services Introduction and Consultations by Dr. Vijay Kumar (Ayurveda)

**DR. VIJAY KUMAR KALAVAKUNTA** <vijay.kalavakunta@cutm.ac.in> Fri, 15 Oct, 2021 at 11:04 am To: All Faculty @ PKD Campus <allfaculty.jitm@cutm.ac.in>

**Dear All,**

On this auspicious day, I would like to introduce myself as Dr. Vijay Kumar, an Ayurvedic Doctor by profession with more than 14 years of clinical experience, now at your service in the Campus.

Ayurveda is one of the Ancient Indian System of Medicine which is very popular worldwide and almost all are following this system as a Preventive and Curative Aspect.

I am available here for consultations and to address all your health needs.

*"You name it, I treat it."*

Most of the diseases can be prevented by adopting Ayurveda as it involves Diet & Lifestyle Modification, Natural Medicines & Therapies.

**Thanks & Regards,**

**Dr. K Vijay Kumar**

**Associate Dean {School of Wellness and Cosmetology} Medical Officer {Centurion Ayurveda Wellness Center} Centurion University**

**Village Alluri Nagar, P.O. – R. Sitapur, Via- Uppalada, Paralakhemundi,**

**Dist.: Gajapati, Odisha,**

**PIN- 761211**

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CONVENOR

Participants list for Ayurveda Center Centurion Ayurveda Wellness Center Services.

Sl.No	Name	Regd. No.	Branch	Present /Absent
1.	ABANTIKA JENA	210301120080	Btech	P
2.	ABHISEK SAW	190415100029	Bcom	P
3.	ABHISHEK NAYAK	190415100031	Bcom	P
4.	ADITYA DANDASENA	210301120079	Btech	P
5.	AKANKSHYA PRIYADARSHINI	210301120089	Btech	P
6.	AKASH MISHRA	190415100001	Bcom	P
7.	AMEYA YADAV	190415100026	Bcom	P
8.	ANJALI PRADHAN	210301120103	Btech	P
9.	ANKIT DALEI	210301120073	Btech	P
10.	ANKIT DEY	190415100030	Bcom	P
11.	ANKIT KUMAR SAHU	190415100010	Bcom	P
12.	ANNOUSHKA DEO	190415100040	Bcom	P
13.	ANSHUMAN MALLICK	210301120069	Btech	P
14.	ANSHUMAN MOHAPATRA	210301120084	Btech	P
15.	ANSUMAN LENKA	190415100016	Bcom	P
16.	ANSUMAN PRADHAN	190415100033	Bcom	P
17.	ARPITA MISHRA	190704170002	BSc	P
18.	ASHUTOSH MAHARANA	210301120064	Btech	P
19.	BALYAM TILAK	210301120070	Btech	P
20.	BARSHA RANI PARHI	190415100020	Bcom	P
21.	BARSHA RANI SAHOO	190704170014	BSc	P
22.	BHABANI SHANKAR RATH	210301120062	Btech	P
23.	BIBEK KUMAR JENA	190415100041	Bcom	P
24.	BIJAYALAXMI BISWAL	190704170008	BSc	P
25.	BIKASH ROUT	190301150002	EEE/EE	P
26.	BINAPANI SAHU	190704170009	BSc	P
27.	BISHNU BASUDEV PATRA	210301120068	Btech	P

28.	BISWAJIT PARIDA	190415100045	Bcom	P
29.	CHINMAYA BEHERA	190415100037	Bcom	P
30.	CHINMAYA CHITTARANJAN B	210301120106	Btech	P
31.	DEEPAK BARIKEE	210301120091	Btech	P
32.	DEEPAK KUMAR SAHOO	190301140002	EEE/EE	P
33.	DEEPJYOTI MANDAL	210301120072	Btech	P
34.	DIBYAPRAKASH BAL	210301120107	Btech	P
35.	GAGAN KUMAR DEY	190415100027	Bcom	P
36.	HIMANSU KUMAR POLAI	190415100028	Bcom	P
37.	HRISHIK MEHTA	190415100021	Bcom	P
38.	ISHAAN SHARMA	190415100008	Bcom	P
39.	JASHAMOHAN JENA	190415100034	Bcom	P
40.	JAWED AKHTER	190415100039	Bcom	P
41.	JYOTI RANJAN DASH	190301140001	EEE/EE	P
42.	JYOTIRMAYEE SAHU	210301120099	Btech	P
43.	JYOUTIRADITYA SATAPATHY	210301120059	Btech	P
44.	K PRASANT KUMAR	210301120071	Btech	P
45.	K.DINESH REDDY	210301120063	Btech	P
46.	KALIVARAPU SAI VASANTH	210301120066	Btech	P
47.	KAPIL MEHETA	190415100012	Bcom	P
48.	KIRTI AZAD PRADHAN	190415100024	Bcom	P
49.	KRISHNA NANDA NAIK	190415100048	Bcom	P
50.	KUNAL PAUL	190704170011	BSc	P
51.	LAXMI RAJ SINHA	190415100005	Bcom	P
52.	MADAN MOHAN DAS	210301120061	Btech	P
53.	MAHIMA MANOJYOTI ARAN	190704170003	BSc	P
54.	MANISH KUMAR	190301140004	EEE/EE	P
55.	MD AMIR	210301120100	Btech	P
56.	MOHIT KUMAR BEHERA	190415100023	Bcom	P
57.	MRIGYA KASHYAP	190704170012	BSc	P
58.	N.SOM SEKHAR CHOUDHURY	210301120057	Btech	P

59.	NEKKANTI TEJASWINI	210301120083	Btech	P
60.	NIHAR RANJAN NAIK	190704170013	BSc	P
61.	NITISH JENA	210301120098	Btech	P
62.	NOOPUR GHRUTAKAUSHIK	210301120105	Btech	P
63.	P KARUNAKAR	210301120104	Btech	P
64.	PORAP RAMACHANDRA	210301120058	Btech	P
65.	PRATYUSH BHUJABAL	190415100036	Bcom	P
66.	PREETI BISWAL	190415100052	Bcom	P
67.	PRINCE SHARMA	190415100009	Bcom	P
68.	PRITAM PATTANAİK	210301120065	Btech	P
69.	PRIYANSHU KUMAR	190415100043	Bcom	P
70.	PURUSHOTTAM PATNAİK	190415100049	Bcom	P
72.	RAJESH SAHU	210301120077	Btech	P
73.	RAKESH KUMAR TRIPATHY	190301150001	EEE/EE	P
74.	RANJAN KUMAR	190301140005	EEE/EE	P
75.	RANJIT KUMAR JAISWAL	190415100014	Bcom	P
76.	RAVITEJA PRADHAN	190415100015	Bcom	P
77.	RINKI PATRA	190415100054	Bcom	P
78.	RITESH DAS	210301120087	Btech	P
79.	RITIKA KUMARI SINGH	190415100013	Bcom	P
80.	RITIKHYA DASH	190415100017	Bcom	P
81.	SAAYAN SAMANTA	210301120074	Btech	P
82.	SAI SATYAPRAKASH NAYAK	190415100011	Bcom	P
83.	SALONI DASH	190704170010	BSc	P
84.	SANDEEP PRIYADARSHAN MO	190301150005	EEE/EE	P
85.	SARBJEET PARIJA	190415100047	Bcom	P
86.	SASANKA SEKHAR PANDA	190415100019	Bcom	P
87.	SASMITA SAHOO	210301120081	Btech	P
88.	SATYABRATA BARIK	190415100046	Bcom	P
89.	SATYAJEET BEHERA	190415100032	Bcom	P
90.	SAURAV SUMAN	190301150006	EEE/EE	P

91.	SEIKH TABREJ	210301120078	Btech	P
92.	SHRABAN KUMAR ROUT	210301120086	Btech	P
93.	SNEHASHREE CHOUDHURY	210301120060	Btech	P
94.	SNEHASHISH PRADHAN	190301150003	EEE/EE	P
95.	SOMANATH PRADHAN	190415100007	Bcom	P
96.	SOMEEN BEGUM	190415100022	Bcom	P
97.	SONALI PATI	190415100025	Bcom	P
98.	SOUMEN BHUNIA	210301120102	Btech	P
99.	SOUMYA RANJAN KHUNTIA	190704170005	BSc	P
100.	SOUMYA RANJAN MOHAPAT	210301120075	Btech	P
101.	SOUMYA RANJAN PADHIARY	190704170001	BSc	P
102.	SOUMYA RANJAN PRADHAN	190704170007	BSc	P
103.	SOURAV PANDA	190415100006	Bcom	P
104.	SRI SAI MISHRA	190415100002	Bcom	P
105.	SUBHADEEP BHADRA	210301120101	Btech	P
106.	SUBHANKAR BEHERA	210301120082	Btech	P
107.	SUBHASHREE SADANGI	190704170004	BSc	P
108.	SUBHASHISH SADANGI	210301120085	Btech	P
109.	SUDIPTA KUMAR MOHARANA	210301120076	Btech	P
110.	SUMITRA PRADHAN	190415100051	Bcom	P
111.	SUNIMA PATEL	190415100018	Bcom	P
112.	SWAGAT KU PANDA	190301150007	EEE/EE	P
113.	SWOYAMBHU PRIYADARSHEE	210301120067	Btech	P
114.	TATHAGATA BISWAS	190415100004	Bcom	P
115.	TRIPARNA BARIK	190704170006	BSc	P
116.	URBEE SAHOO	190301140003	EEE/EE	P
117.	VIKASH RAY	190415100053	Bcom	P
118.	VISHESH AGRAWAL	190415100038	Bcom	P
119.	Y KIRTI	190415100050	Bcom	P
120.	ZAHEER KHAN	210301120088	Btech	P



## Report on Circular on Ayurveda Center Centurion Ayurveda Wellness Center Services

Ayurveda is one of the Ancient Indian System of Medicine which is very popular worldwide and almost all are following this system as a Preventive and Curative Aspect. I am available here for consultations and to address all your health needs. "You name it, I treat it." Most of the diseases can be prevented by adopting Ayurveda as it involves Diet & Lifestyle Modification, Natural Medicines & Therapies.

To Name a Few that I treat,

1. Diabetes.
2. Hypertension.
3. Dyslipidemia (High Cholesterol).
4. Joint Pains.
5. Low Back Pain, Lumbar Spondylosis.
6. Cervical Spondylosis.
7. Hyperacidity.
8. Gastric Complaints.
9. Loss of Sleep. Headache.
10. Gynecological Issues.
11. Premature Hair Fall.
12. Dandruff.
13. Acne
14. Skin conditions.
15. Stress and Anxiety.
16. Pediatric conditions, and many more health conditions....

We have 2 fully equipped Ayurveda (Spa) Therapy Rooms with Trained Kerala Panchakarma Therapists who would perform therapies under supervision of me. Few therapy Names that they perform are,

1. Rejuvenation Body Massage with Herbal Steam
2. Shiro Dhara
3. Head Massage.
4. Local Massage.
5. Abhyanga (Half Body or Local massage).
6. Herbal Facial therapies.
7. Foot Massage.

and many more therapies are done at discounted prices and special prices for all the Faculty Members (family members) and students. All the therapies are at very nominal and affordable, cheaper compared to other centers. Soon we are launching a mobile application wherein you can book your appointments for consultations and maintain your health record on go.

**Date: 23.02.2022**

**Participants: 120**

A handwritten signature in black ink, appearing to be 'Surya', written over a horizontal line.

CONVENOR