



**Centurion**  
**UNIVERSITY**

*Shaping Lives...  
Empowering Communities...*

1. Circular on World Asthma Day. ( 03.05.2022)

Dear All,

We observe to bring awareness about Asthma and Its management this day(03/05/2022).

We effectively manage Asthma Condition with Ayurveda and Yoga.  
Please pass-on the message to your loved once who need better and naturaltherapies for Asthma conditions.



**Centurion**  
**Ayurveda Wellness Center**  
*Holistic Care Close to you...*

సంచారియన్ ఆయుర్వేద వెల్ నెస్ సెంటర్

NADI PAREEKSHA | PANCHAKARMA | PATYAHARA | SATVĀVAJAYA | SIDDHA | YOGA  
50-98-2A, OPP Vivekananda Park, Seethammadhra, Visakhapatnam, Andhra Pradesh, India. PIN: 530013.  
cawc@cutm.ac.in | www.centurionayurveda.com



**CLOSING GAPS  
IN ASTHMA CARE**

World Asthma Day · May 3, 2022



**RESPIRATION IS EASIER  
WITH AYURVEDA & YOGA**

For More Details, Call: 7795353456

**of Sports and  
Yoga  
Wellness  
Centurion University**

**of Technology &  
Management Jatni,  
Bhubaneswar,  
Odisha-752050, India  
Mob-+91 7827630445, +84 915161836(WhatsApp)  
Email- pradeep.sahoo@cutm.ac.in [www.cutm.ac.in](http://www.cutm.ac.in)**

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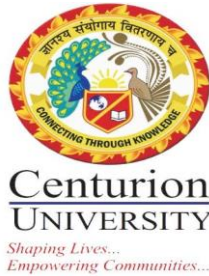
1. Participants list for World Asthma Day.

Sl.No	Name	Regd. No.	Branch	School	Present/Absent
1.	ALOK KUMAR SAHU	190101160003	Mech	SoET	P
2.	AMAN KUMAR	190101160018	Mech	SoET	P
3.	AMIT KUMAR	210209120022	BBA	SoM	P
4.	AMIT KUMAR GUPTA	190101160025	Mech	SoET	P
5.	AMIT KUMAR RAJAK	190101160001	Mech	SoET	P
6.	ANKAN DE	210804130003	BSc Ag	MSSSoA	P
7.	ATIF AKRAM	210209120039	BBA	SoM	P
8.	G GAYATRI REDDY	210804130009	BSc Ag	MSSSoA	P
9.	GOPINATH BASUPATI	210209120020	BBA	SoM	P
10.	GUNAVARSHINI TANKALA	210804130013	BSc Ag	MSSSoA	P
11.	HIMANSHU SEKHAR NAYAK	210804130016	BSc Ag	MSSSoA	P
12.	JAGNESWAR BISWAL	210209120032	BBA	SoM	P
13.	JOTIN PATNAIK	210209120019	BBA	SoM	P
14.	K.JAI KISHAN	190101160004	Mech	SoET	P
15.	KAMALKISHOR KUMAR	190101160020	Mech	SoET	P
16.	KRUSHNA CHANDRA BISWAL	210209120033	BBA	SoM	P
17.	KUDDANA MANIKANTA	210209120018	BBA	SoM	P
18.	LANKA PRIYA	210804130005	BSc Ag	MSSSoA	P
19.	MANDANGI VARALAKSHMI	210804130011	BSc Ag	MSSSoA	P
20.	MEESALA UDAYA BHASKAR	190101160002	Mech	SoET	P
21.	MOHAMMAD ASHRAF	190101160017	Mech	SoET	P
22.	MUTHYAM VENKATA ANIL VARMA	210804130006	BSc Ag	MSSSoA	P
23.	NALLA SANDEEP	210209120016	BBA	SoM	P

24.	NEHA KUMARI	210209120031	BBA	SoM	P
25.	PETA PUJITHA	210209120036	BBA	SoM	P
26.	PETA SUPRIYA	210209120034	BBA	SoM	P
27.	POTNURU ABHIRAM MANI	190101160007	Mech	SoET	P
28.	PRATHI PATI MOULI SURENDRA	210804130007	BSc Ag	MSSSoA	P
29.	PRIYANKA PRIYADARSHANI PANDA	210804130010	BSc Ag	MSSSoA	P
30.	PRIYANKA SAHU	210804130014	BSc Ag	MSSSoA	P
31.	RAHUL KUMAR GUPTA	190101160014	Mech	SoET	P
32.	SASANAPURI MEGHANA	210209120029	BBA	SoM	P
33.	SASHANAPURI VINAY KUMAR	210209120021	BBA	SoM	P
34.	SATYENDRA KUMAR	190101160021	Mech	SoET	P
35.	SAYAN MUKHERJEE	210804130004	BSc Ag	MSSSoA	P
36.	SHAMSH TABREZ	190101160015	Mech	SoET	P
37.	SOMI PATTANAİK	210209120017	BBA	SoM	P
38.	SOURAV MEHER	210804130015	BSc Ag	MSSSoA	P
39.	SUBHANJAN PANDA	210804130008	BSc Ag	MSSSoA	P
40.	Subhashis Mishra	210804130002	BSc Ag	MSSSoA	P
41.	TADELA DURGA PRASAD	190101160005	Mech	SoET	P
42.	VEERARAJ SELVA KUMAR	210804130012	BSc Ag	MSSSoA	P
43.	VIKASH KUMAR	210209120037	BBA	SoM	P
44.	VISHAL KUMAR	190101160019	Mech	SoET	P
45.	VOONA VISMITHA	210209120030	BBA	SoM	P

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## 1. Report on World Asthma Day.

World Asthma Day is observed every year on the first Tuesday of May to spread awareness and care about asthma in the world. This year it falls on 3rd of May 2022. An annual event is organised by the Global Initiative for Asthma. This year the theme is 'Closing Gaps in Asthma Care'. Asthma, the chronic inflammatory disease of the airways, affects 300 million people worldwide and India alone has 15 million asthma patients.

### **Participants: 45**

#### History of World Asthma Day:

World Asthma Day is annually organized by the Global Initiative for Asthma (GINA). In 1998, the first World Asthma Day was celebrated in more than 35 countries in conjunction with the first World Asthma Meeting in Barcelona, Spain.

#### What is Asthma?

- Asthma is a chronic disease of the lungs that causes breathing problems. Symptoms of asthma include breathlessness, coughing, wheezing and a feeling of tightness in the chest. These symptoms vary in frequency and severity.
- When the symptoms are not under control, the airways can become inflamed making breathing difficult. Whilst asthma can not be cured, the symptoms can be controlled enabling people with asthma to live full lives.
- It is a long-term disease, which makes your airways narrow and swell and may produce extra mucus. A person suffering from asthma can have difficulty in breathing, which can trigger coughing, wheezing and chest tightness.

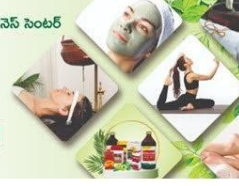


# Centurion Ayurveda Wellness Center

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