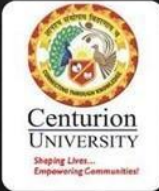


Personal Counselling Phase III, 21 September 2018



Centurion University of
Technology and Management

Personal
Counselling
Phase

Venue – MBA Seminar Hall
21 September, 2018

Shaping Lives...
Empowering Communities!

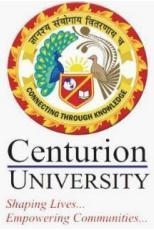
Excellence in Education
and Research

The image features a background of 3D-rendered numbers in various sizes and orientations, creating a sense of depth and data. The text is overlaid on this background.



Projna Pari

CONVENOR



Report on
Personal Counseling III
(SOM)21 September
2018

This report covers a detailed study on Personal Counselling for the students of CUTM. It talks about why Personal Counselling is an important activity, history of personal counselling, and detailed research on personal counselling methods, processes and initiatives. This report also talks about some surprising facts about personal counselling and its advantages.

Personal counselling forms an important application of counselling psychology. At its core, counselling psychology is about supporting people to improve the assessment of themselves, their environment, and their current challenges as well as optimizing their experiences and their behaviour (Gelso & Fretz, 2001).

The personal counselling workshop organized for the students of SOM at Centurion University of Technology and Management on 21st September 2018 with a total of 90 participants focussed on providing career guidance to students through an analysis of their abilities, interests, personality, and for whom corresponding work environments and occupations ought to be identified. Additionally, the workshop also stressed the modern approaches to personal counselling such as life design and career construction. According to these approaches, personal counselling is about helping students to construct a subjectively meaningful identity to increase their self-reflection and help them create their careers according to their personal identity and life story.



Student during personal counselling session on 21st September 2018

The personal guidance and counselling aimed to deal with the problems, challenges, and topics that every student could be confronted with during his or her lifetime including career undecidedness, unemployment, lack of knowledge about the labour market, job dissatisfaction, handling stress in the workplace, boosting moral confidence, prioritizing work based on its requirement, etc.



Personal Counselling Phase III (SOM), 21.09.2018

Sl.No.	Name of the Student	Registration No.	School	P/A
1	ADITYA BHUSAN ROUT	170415100016	SoM	P
2	VINEET KULLU	170415100015	SoM	P
3	ABHISHEK SHARMA	170415100014	SoM	P
4	VINOTH RAHEJA R	170415100013	SoM	P
5	JOYEL SAHU	170415100012	SoM	P
6	SUBHAM KUMAR	170415100011	SoM	P
7	VISHAL KUMAR	170415100009	SoM	P
8	SOUBHAGYA RANJAN SAHU	170415100008	SoM	P
9	ABHISEK JENA	170415100007	SoM	P
10	MOHIT RAJ	170415100005	SoM	P
11	SOURAV PANDA	170415100002	SoM	P
12	LOKANATH PRASAD RADHAKANT MURMU	160415100020	SoM	P
13	DILSHAD RAZA	160415100019	SoM	P
14	SHAKTI PRAKASH NAIK	160415100017	SoM	P
15	BISWAJIT SAHOO	160415100015	SoM	P
16	ANIL KUMAR PANIGRAHI	160415100014	SoM	P
17	ANUSHKA PATRA	160415100013	SoM	P
18	SATIS PATRA	160415100012	SoM	P
19	NITIN BARH	160415100011	SoM	P
20	ASHUTOSH PRADHAN	160415100010	SoM	P
21	SURAJ KUMAR SAHOO	160415100009	SoM	P
22	ASHIS SAHOO	160415100008	SoM	P
23	RASHMI SAGAR DAS	160415100007	SoM	P
24	SWEETY PATRA	160415100006	SoM	P
25	RAHUL KUMAR SINGH	160415100003	SoM	P
26	B BHARAT	160415100002	SoM	P
27	TUSAR KANT BARIK	160415100001	SoM	P
28	SAPAN KUMAR ACHARYA	160409120028	SoM	P

29	SUBHAM GHOSH	160409120027	SoM	P
30	SHREYA KUMARI	160409120026	SoM	P
31	JYOTI RANJAN MOHANTY	160409120024	SoM	P
32	SANKET SONI	160409120023	SoM	P
33	BADRI NARAYAN CHALLAN	160409120022	SoM	P
34	MD. SULEMAN	160409120021	SoM	P
35	ADARSH ACHARYA	160409120020	SoM	P
36	RAKESH KUMAR PADHIHARY	160409120019	SoM	P
37	SANTOSH KUMAR MISHRA	160409120018	SoM	P
38	ADARSH PANDA	160409120017	SoM	P
39	MANOJ KUMAR PARIDA	160409120016	SoM	P
40	RAKESH KUMAR SABUT	160409120015	SoM	P
41	SATYAJEET RAUTRAY	160409120014	SoM	P
42	SRUTI RANJAN SANKHUA	160409120013	SoM	P
43	GIRISH CHANDRA SINGH BARIHA	160409120012	SoM	P
44	MANSHI SINGH	160409120011	SoM	P
45	KARAN KUMAR JENA	160409120010	SoM	P
46	SNEHA MEHTA	160409120009	SoM	P
47	NIRAJ KUMAR MAHATO	160409120008	SoM	P
48	RIYAM RAJ NISHAD	160409120007	SoM	P
49	MANISHA NAYAK	160409120006	SoM	P
50	ALOK PRADHAN	160409120004	SoM	P
51	RISHABH KUMAR MISHRA	160409120003	SoM	P
52	NIRMAL KUMAR JENA	160409120002	SoM	P
53	SURAPU PAVAN KUMAR	160409120001	SoM	P
54	PRADEEP GOUD	180415140055	SoM	P
55	PADMINI JAMUDA	180415140054	SoM	P
56	SURYAKANT BEHERA	180415140053	SoM	P
57	ASMIT MOHANTY	180415140052	SoM	P
58	ABINASH ROUT	180415140051	SoM	P
59	SUBHAM SOURAV PADHI	180415140050	SoM	P
60	NITESH KUMAR SAHU	180415140049	SoM	P
61	KAUSICK KUMAR DAS	180415140048	SoM	P
62	BIRESH BARENYA BHOL	180415140047	SoM	P
63	MANISHA CHAURASIA	180415140046	SoM	P
64	VIHANG SAHOO	180415140045	SoM	P
65	ROSHAN KUMAR SAHOO	180415140044	SoM	P
66	AVISEK PANDA	180415140043	SoM	P
67	RAHUL KUMAR SABAT	180415140042	SoM	P
68	MD. NASIRUL ISLAM	180415140041	SoM	P
69	SOMIYA RANJAN PRADHAN	180415140040	SoM	P

70	CHANDRA PRAKASH PANDA	180415140039	SoM	P
71	SACHIN KUMAR SAHU	180415140038	SoM	P
72	PRASANTA GOUD	180415140037	SoM	P
73	RAHUL KUMAR SAHOO	180415140036	SoM	P
74	RAJESH SAHA	180415140035	SoM	P
75	SUMIT KUMAR KAND	180415140034	SoM	P
76	SRIDATTA MISHRA	180415140033	SoM	P
77	SWASTIKA RANI SAHU	180415140032	SoM	P
78	ZAFIRA KHAN	180415140031	SoM	P
79	MEHEK BISWAL	180415140030	SoM	P
80	M. RAJESH PATRA	180415140029	SoM	P
81	CHIRANJEEB PRADHAN	180415140028	SoM	P
82	SATYAJIT SWAIN	180415140027	SoM	P
83	DAYALDAS MAHANTO	180415140026	SoM	P
84	HIMANI PATEL	180415140025	SoM	P
85	P. SHEETAL KUMARI	180415140024	SoM	P
86	PINMAYA BISWAL	180415140023	SoM	P
87	RAHUL NAG	180415140022	SoM	P
88	BEDA PRAKASH DASH	180415140021	SoM	P
89	BIGHNESHWAR NATH	180415140020	SoM	P
90	AMIT KUMAR PALEI	180415140019	SoM	P



Pragna Pani

CONVENOR

Anita Patra

REGISTRAR

