Effects of Amla on Colon Cancer In: Functional Food and Diseases by Preetha Bhadra, Pradipta Banerjee Atanu Deb,© Centurion University, Odisha, Article pp.194-226. [ISBN: 978-81-950971-2-8]

Effects of Amla on Colon cancer

CHAPTER 12

Jitendra Kumar Dash

Department of Applied Chemistry, School of Applied Science, R&A Centre for Phytopharma, Centurion University of Technology and Management, Odisha

Corresponding Author – <u>190705100047@cutm.ac.in</u> ORCID NO. <u>https://orcid.org/0000000295649579</u>

ABSTRACT

Amla (Embilica officinalis) popularly referred to as Indian gooseberry. Amla has been a vital well spring of common regulative spices for maintaining human wellbeing. Amla is notable tree utilized for the creation of home big even as pharmacologic drugs. it's among primary homegrown plant in Indian customary medication. All items of amla are useful within the treatment of totally different illness, among all, the most half is organic product. Amla natural product is broadly speaking used within the Indian arrangement of medication as water pill , purgative, liver tonic, refrigerant, internal organ, useful, hostile to pyretic, hair grease, ulceration preventive and for basic, ulcer preventive and for basic cold, fever; as alone or in combine with different plants, phytochemical concentrates or amla uncovered vital compound constituents together with tannins, alkaloids, polyphenol, nutrients and minerals. Gallic corrosive, ellagic corrosive, emblicanin A and B phyllembein, quercetin and ascorbic corrosive are discovered to be organically powerful .The survey articles known with Amla notable its palliative, hostiles to hacking, against atherogenic, safe sponsor, high – impact, enteric defensive, urinary organ defensive and neuroprotective, chemoprotective, radio and chemo modulatory and antineoplastic properties. Amla is additionally according to passes potent radical scavenging, antioxidants, anti inflammatory, antimutagenic, immunomodulatory hypolidimic, memory enhancing, anticancer activities, that are efficallious within the hindrance and treatment of assorted unwellness like cancer, arteriosclerosis, polygenic disease, liver and coronary heart illness. Chemical constituent like phyllantine, phyllembein, acid, pectin, citric acid, amino acid, methyl radical gallate, ellagic acid.also found in amla that are useful for our health . willcer/carcinoma} could be a variety of cancer that begins within the intestine (colon). The colon is that the final a part of the biological process tract. carcinoma generally affects older adults, although it can happen at any age. it always begins as small, noncancerous (benign) clumps of cells referred to as polyps that type on the within of the colon. Over time a number of these polyps can become colon cancer