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Oplismenus burmannii (Retz.) P.Beauv.: a medicinal grass

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ABSTRACT

*Plant that produces Secondary metabolites regarded as herbs or medicinal plants. People in developing or developed country depend on the plant derived medicine. These are used either making a paste or taken as tonic or mixing with other medicinal materials. The processes of making medicine from plant part are written in the old traditional literature like Ayurveda, Siddha and Unani. The present study was carried out in Odisha which is a state with 62 group of tribal. Tribal people depend on plant for their primary health care. The main aim of this work is to study the medicinal values of *Oplismenus burmannii*. The result reveals that this plant have some medicinal values and used in case of cattle to cure galactagogue and also used during pregnancy in case of human. There is a very less work done on this grass. Hence more study needs to done to know more traditionally medicinal values.*

INTRODUCTION

The majority of people on this planet still rely on the traditional medicinal plants and other material for their primary health care needs (Farnsworth et al. 1985). According to WHO 80% of world's population- primarily those of developing countries depend on plant derived medicine for their health care

(Fakim 2006). In India, several medicinal systems have evolved among these systems are Ayurveda, Siddha and the Unani system of medicine (Posey 1999). The demand for medicinal plants has increase from day-to-day life due to local, national and international interest. Plant derived medicines are cheaper than synthetic drug and don't have any side effect for which the