



## Centurion University Technology and Management, BBSR

# Workshop on Achieving at University-SoM

**Date: 14-11-2019**

**Venue: Seminar Hall MBA BLOCK, , CUTM, PKD**

**Number of Participants: 58**

**Resource Person: Samuel Crotty**

**About resource person:** Samuel Crotty was an Internship (Youth Mentoring) at Centurion University Technology and Management and deals with development and implementation of a student counseling program, promotion of mental health and wellbeing on campus, and delivery of professional development for university staff in the area of mental health.

**About the session:** Most students start out the semester with the best of intentions. Without a continued plan, though, these positive habits can wane. With some early organization and planning, you can set yourself up for success throughout the semester. In this workshop, focus is on structures of organization using the syllabi, effective academic habits, and time management that will result in the creation of a unique plan for the semester. Key skills covered during this time are goal-setting, time management, prioritization and useful campus academic resources.

### **Objective:**

- Study Smarter, Not Longer: Study Skills Working For You
- Bulking Up Your Notes: Strategies for Taking Notes in College
- Manage Your Time Wisely
- Bouncing Back: Moving Past Surviving to Thriving
- The Looming Exam: Push Past Procrastination to Action
- Focus & Concentration

### **Outcome:**

- Participants learn how to manage their time
- Important aspect to focus on while studying and enjoying their interest



Centurion  
UNIVERSITY



## Workshop on Achieving at university - SoM

Organised by  
**Centurion University of Technology and  
Management**

**Resource Person:** Mr. Samuel Crotty

**Date:** 14-11-2019


**Venue:** Room No. 10 AryaBhatta Building,  
CUTM, BBSR

centurion university of technology and management  
*Shaping Lives... Empowering Communities...*



**Figure: Clip from the workshop on Achieving at University - SoM**

# List of Participants:


**Centurion University of Technology and Management**  
 Faculty Development Programme on **ACHIEVING AT UNIVERSITY.**  
**"Empowering-Disengage-Students"**  
 Presented by 'Mr. Samuel Crotty' (58)  
 Bhubaneswar Campus  
**Student Attendance Sheet**  
 Time :- 11:00 - 12:30 Date: 14/11/2019

Sl No	Name	Department	Registration No	Signature
1	Sonal sagari Sahoo	MBA	19040210001	Sonal Sahoo
2	Dipika Kumari	MBA	19040210002	Dipika
3	Shrabane Tripathy	MBA	19040210003	Shrabane
4	Arunakalyan Prusty	MBA	19040210005	Arun Prusty
5	Vijayalaxmi	MBA	19040210005	Vijayalaxmi
6	Chitranshu Jaiswal	MBA	19040210005	Chitranshu
7	Bhaja P. Apalrajee	MBA	190402100011	Bhaja
8	Swastika Nanda	MBA	190402100009	Swastika
9	Smriti Sravanika Sahu	MBA	190402100033	Smriti Sahu
10	Jyotshna Dalai	MBA	190402100013	Jyotshna
11	Maheshmita Sahoo	MBA	190402100029	Maheshmita
12	Jangyashmi Sahu	MBA	190402100002	Jangyashmi
13	Prerna Panigrahi Sahu	MBA	190402100027	Prerna
14	Chhaya Jena	MBA	190402100032	Chhaya
15	Jyoti K. Sahoo	MBA	190402100006	Jyoti
16	Sahana Choudhary	MBA	190402100023	Sahana
17	Sadhana Sahu	MBA	190402100023	Sadhana
18	Chandanya Sahu	MBA	190402100006	Chandanya
19	Ritumita Singh	MBA (DA)	190402120001	Ritumita
20	Ajani	MBA (DA)	190402120011	Ajani


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Sl No	Name	Department	Registration No	Signature
21	Rajesh Saha	MBA DA	190402120007	Rajesh
22	Tarun Ranjan Saha	MBA DA	190402120007	Tarun
23	Indira Mohapatra	MBA DA	190402120009	Indira
24	Sushanta Sureshchandra	MBA DA	190402120005	Sushanta
25	Mukundraj Kumar	MBA - DA	190402120012	Mukundraj
26	Sudham Choudhary	MBA	190402100000	Sudham
27	Sovan Das	MBA - DA	190402120003	Sovan
28	Aman Kumar	MBA - DA	190402120013	Aman
29	Rakesh Kumar	MBA - DA	190402120002	Rakesh
30	Sanya Saha	MBA - Ph.D	190402120003	Sanya
31	Jayesh Nath	MBA	190402100011	Jayesh
32	Bhagyashree Das	MBA	190402100014	Bhagyashree
33	Tajashree Patra	MBA	190402100037	Tajashree
34	Luce Saha	MBA	190402100039	Luce
35	Abhishek Pradhan	MBA	190402100022	Abhishek
36	Somendu Kulkarni	Pharma MBA	190402100005	Somendu
37	Shubhankar	MBA	190402100007	Shubhankar
38	Bruno Saha	MBA	190402100009	Bruno
39	B. Anant	MBA	190402100041	B. Anant
40	B. Anant	MBA	190402100038	B. Anant
41	Abhinav Saha	MBA	190402100001	Abhinav
42	Soumya Ranjan Mishra	MBA	190402100002	Soumya
43	Pranav Ranjan Mishra	MBA	190402100024	Pranav
44	Bhuvan Kumar	MBA	190402100035	Bhuvan

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Sl No	Name	Department	Registration No	Signature
45	Chandana Saha	MBA	190402100048	Chandana
46	Vijesh Prasad	MBA	190402100052	Vijesh
47	Namrata Saha	MBA	190402100006	Namrata
48	Pratik Kumar	MBA	190402100009	Pratik
49	Jayashree Dash	MBA	190402100005	Jayashree
50	K.K. Ranasingh	MBA - DA	190402120014	K.K. Ranasingh
51	Satyajit Saha	MBA - DA	190402120010	Satyajit
52	Ashish Kumar	MBA	190402100016	Ashish
53	Kabir Kumar	MBA	190402100049	Kabir
54	Satyajit Saha	MBA	190402100049	Satyajit
55	Bhagyashree Saha	MBA	190402100025	Bhagyashree
56	Indira Mohapatra	MBA	190402100009	Indira
57	M. Krishna	MBA	190402100036	M. Krishna

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**Centurion University of Technology and Management**  
 Bhubaneswar Campus  
**"Achieving at University"**  
 Presented by 'Mr. Samuel Crotty'  
**Student Attendance Sheet**  
 Time:- 2:45 - 4:15pm Date: 14/11/2019

Sl No	Name	Department	Registration No	Signature
1	Ram Kumar	BBA	190409120002	Ram
2	Chaitanya	BBA	190409120008	Chaitanya
3	B. SRINU RAO	BBA 1 <sup>st</sup> Year	190409120011	B. SRINU RAO
4	CHIRAG VERMA	BBA 1 <sup>st</sup> Year	190409120020	Chirag
5	RAKESH KUMAR PANDA	BBA	190409120030	Rakesh
6	Sudipta Maiti	BBA	190409120024	Sudipta
7	Sumit Saha	BBA	190409120024	Sumit
8	N. Pooja Saha	BBA	190409120021	N. Pooja
9	A. Dinesh	BBA	190409120029	Dinesh
10	Fayaz Siddique	BBA	190409120029	Fayaz
11	Shafiq Khan	BBA	190409120017	Shafiq
12	Pragnata Saha	BBA	190409120022	Pragnata
13	Somisha Pradhan	BBA	190409120033	Somisha
14	Sagar Kumar	BBA	190409120016	Sagar
15	Nishu Kumar Saha	BBA	190409120019	Nishu
16	Shristi Pradhan	BBA	190409120020	Shristi
17	Sahil	BBA	190409120001	Sahil
18	Anisha Dash	BBA	190409120035	Anisha
19	Rishi Choudhary	BBA	190409120023	Rishi
20	Santosh Kumar	BBA	190409120031	Santosh

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Sl No	Name	Department	Registration No	Signature
21	Nikhil Kumar Singh	BBA	19040920006	Nikhil
22	Shivam	BBA	19040920002	Shivam
23	Amit Mishra	BBA	19040920007	Amit
24	Catherine J. Harrison	BBA	19040920014	Catherine
25	Romandeep	BBA	19040920015	Romandeep
26	Ronal anshani	BBA	19040920038	Ronal
27	Abhinav Mohanty	BBA	19040920011	Abhinav
28	Sanjana Das	BBA	19040920017	Sanjana
29	S.Nishwata Arundhati	BBA	19040920015	Arundhati
30	Sanjana Agrawal	BBA	19040920008	Sanjana
31	Sakshi Sarwal	BBA	19040920042	Sakshi
32	Apalita	BBA	19040920029	Apalita
33	Vinayak	BBA	19040920046	Vinayak
34	Nikhil	BBA	19040920042	Nikhil
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Sl No	Name	Department	Registration No	Signature
46	Shimona Shankar	B.COM	19041510020	Shimona
47	Akhila Nayak	B.COM	19041510027	Akhila
48	Vishakh Agrawal	B.COM	19041510038	Vishakh
49	Anvaya Ingle	B.COM	19041510016	Anvaya
50	Salrajeev Babera	B.COM	19041510032	Salrajeev
51	Pratyush Bhujel	B.COM	19041510036	Pratyush
52	Ritvik Das	B.COM	19041510007	Ritvik
53	Tanishk Akhtar	B.COM	19041510009	Tanishk
54	Somnath Pradhan	B.COM	19041510007	Somnath
55	Nipkash Roy	B.COM	19041510025	Nipkash
56	Hritvik	B.COM	19041510002	Hritvik
57	Rishi Azad	B.COM	19041510024	Rishi
58	Prince	B.COM	19041510009	Prince
59	Harsh Raj	B.COM	19041510005	Harsh
60	Priyanshu	B.COM	19041510005	Priyanshu
61	Sonali	B.COM	19041510025	Sonali
62	Bunima	B.COM	19041510018	Bunima
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*Prabhat K. Pattnaik*

Prabhat K. Pattnaik  
FDP Coordinator

*Dr. Prasanta Ku. Mohanty*

Dr. Prasanta Ku. Mohanty  
Dean Academic